



15 YEARS EXPERIENCE

LAURA KAUFMAN SIMON

PERSONAL CHEF → CATERER → TEACHER

Numerous references from longtime satisfied clients available

Experience

Personal and family chef work

Catering and menu planning

Individual and group instruction

French Culinary Institute graduate

4455 Douglas Ave, Riverdale, NY 10471
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A HEALTHFUL PHILOSOPHY

Just meet, heat and eat: How easy!

I prepare your food in your own kitchen, leaving you prepared meals in your refrigerator with directions on how to reheat. Nothing to cook, nothing to clean. What could be easier?

Bring your family together over dinner

After a long day at work, the last thing you want to think about is what to make for dinner. In just a few minutes, you'll be reconnecting with your family over a delicious meal.

Looking forward to every meal again

I'll help you mix and match ideas from family favorites and fresh cuisines. Once I learn your tastes, we'll plan your menus every week by email. You'll always get just what you want.

Meals that are healthy *and* delicious

Want your family to eat more fish, legumes or dark greens? I'll add them to your menu in creative and exciting ways. Many of my clients have allergies, or want to reduce sodium, fat or carbs. I make sure they don't also reduce flavor.

Busy schedule? I'll accommodate.

I cook while you're at work so your meals are ready when you walk through the door. Some clients prefer I cook the same day each week; others want more flexibility.

Fresh tonight, or ready anytime you want

Freezer-friendly foods like soups, stews and casseroles let your family have a real meal anytime. I can stock your freezer with healthy alternatives to frozen dinners from the supermarket.

The world's easiest dinner party

Plan a dinner party where you don't have to cook, serve or even clean up. Spend more time with your guests - and none in the kitchen! I will take care of all the details and make sure that your party is a success.

